

Cobra Gymnastics & Dance Center



A note from Coach Shelby!

Happy Mother's Day to our beloved Cobra Moms and Grandmothers! I certainly hope you are all finding balance inside of this unique time. At Cobra, we practice diligence, endurance and flexibility and this current situation is certainly testing our training! Thank you to all the families who responded to my email request; it's truly taking community effort to stay afloat and everyone at Cobra appreciates your kindness, donations and positive words.

Last week was supposed to be our 10th annual Cobra Show, and while we didn't get to celebrate, our zoom calls are keeping us connected. I've been able to award skills sheet stickers over the private lessons and even make decisions about team candidates for the upcoming season. Links for zoom calls and lessons are to the bottom right. New slots for private lessons have been added!

Congratulations to Hazel Mabey, our newest team member for the upcoming 2020-2021 season! She submitted a fantastic video with heart-felt responses to our questions! We will be accepting video submissions all summer- even if we are able to re-open, we know some folks won't be ready to integrate until the Fall. Newest training video is here: <https://youtu.be/uY5jZ1mguKY>



At this time, I'm not feeling optimistic about a June 1st opening. Let's hope for news next week! Sadly, we will not be hosting award week in June. We typically award session ribbons, skill sheets with earned certificates/medals and attendance trophies. For nine years, we have honored the students with trophies who have attended classes from September-June, but this year, with so much of session-two being cancelled and Cobra finances being constricted, we made the tough decision to cancel the trophy order. I am super sad about this. We will skill test when we return and award ribbons and medals as classes start to re-shape.

ZOOM CALLS!

Monday
May 18th

Parent/Child &
Pre-school
3:30pm

Level 1 Girls
(all classes)
3:45pm

Wednesday
May 20th

Level 2 & 3 Girls
3:30pm

Boys & Ninja Classes
3:45pm

Team Zooms
(and Level 2 & 3)

Mondays
5:00pm
Tuesdays- Pilates
5:00pm-private link
Wednesdays
4:00pm
Thursdays
4:00pm

Private Lesson Sign Up
New Times Added!

Zoom Link for all calls!

Bronze Team Highlight!

Our fifteen member bronze team represents a great group of girls who have come straight from our recreation classes or are in their second year of team. This developmental level gracefully introduces the girls to the fun of a competitive team and allows them to bring full expression, dedication and advancement to their gymnastics through routine development and increased hours in the gym. Returning members Eliza Myrick, Alivia Marcille and Auriella Hawkins provided a strong base of talent and top scoring routines throughout the season. Newcomers Romi Buckley, Lacy Carmack, Lily Carmack, Alice Charron, Amelia Dupell, Eda Mae Fioretti, Paige Hyatt, Lexi Juarez, Alexa Kojak, Catja Kojak, Karsyn Koontz and Jessica Poczobut were dynamic additions to the Vermont gymnastic scene, showing tremendous growth not only in their gymnastics skills, but in their artistic presence during competitions.



Primarily instructed by Coaches Shelby, Pam and Topsy, the girls came in strong in September and did not disappoint. "This group arrived wide eyed and eager to learn. They grew physically and mentally and exceeded my expectations." reflects Coach Topsy. The team ended on a strong note, capturing a first place win at the Hip Hop Classic in North Adams, Massachusetts and were slated for a podium finish at the Vermont State Championships.

Coaches Corner

Did you know that Coach Christine is the fearless woman riding the unicycle and juggling fire in the Rutland Parade? She's also a flying trapeze artist during the summer months!



PERFORMANCE BY COBRA STUDENTS FOR PUPPETS IN EDUCATION FUNDRAISER

Nadia Tarbell and Maleah Jones added extra time to their gymnastics and school schedules this past season to learn and perform a beautiful choreography to Hallelujah by the Pentatonix. In February, the girls were asked to perform at the 10th and Final Dance Showcase in Essex by the Vermont Family Network to support Puppets in Education, a program that travels to schools to educate children on safety, healthy choices and respecting each other. They are still hoping to perform the piece at the Rutland's Got Talent Show, which may be help in the Fall or Winter of 2020-2021 season.

