

COBRA GYMNASTICS & DANCE - NOVEMBER 2020 NEWSLETTER

Holiday Closure

- We will be closed for all classes and team practices, Monday-Sunday, November 23rd-29th for Thanksgiving break.
- Cobra will also be closed December 20th-January 10th, 2021.

Session Two Registration - Mark your calendar!

- Session 2 is another 12-week session, January 11th-April 10th...Session 3 will be April 19th-June 5th.
- Priority registration (all currently registered students) will be November 30th-December 6th.
- The week of November 30-Dec 6th, we can assist via email, in person or phone, but the parent portal is preferred.
- Unless recommended by our staff, most student will stay in their current classes for Session 2.
- Open registration begins December 7th for the general public.
- You must put down a \$50 deposit during priority registration to save your current spot in classes.
- The remainder of the 1st half of tuition is due the first week of class- the second half is due the week of February 1st.

Session One- new lesson plans next week!

We will begin our third set of lesson plans for this session starting November 16th. These lessons will carry us to the end of Session One. If your child is still finding it a challenge to follow our circuits, please make numbers at home (1-8) and practice having them follow a pattern around the house. Giving your child two or three directions at once is also a helpful training aid to hone their memory abilities and to practice good listening. Playing the simple game of eye-spy is also a good activity to help them become aware of their surroundings. When they enter our gym they can find our pathways or our numbered markers with more confidence!

No Show Week

Traditionally we host a fun and fabulous show week during the end of our sessions. Due to limited capacities, we can not invite parents into the gym for this event. As mentioned in our policies, we are also not focusing on testing this year, but simply coaching amazing and safe gymnastics. We will award all of our students with ribbons for attending the session during the last week of classes, December 14th-19th.

Covid Reminders and Policies

- Thank you for everyone's amazing cooperation during this time. Remember as the months get colder that we can not allow any gymnasts into the lobby until **10 minutes previous to class**. Please keep your child safe and warm in the car until the right time for drop off.
- Please also remember that we are limiting spectators in the evenings and Saturdays to just **one parent per student**. Siblings are always welcome. If you are staying during class, please be aware of class dismissals and transitions and clear the lobby during those times so we can stay in compliance with our occupancy rules.
- We will be re-arranging the lobby for the winter months for ease of transition with boots and coats. Please be mindful if you are staying that our lobby and mezzanine are full of **barefoot children** and are "muck free"! Plan on removing shoes or cleaning them thoroughly after entering our building.
- If you plan on traveling outside of Vermont during the Thanksgiving or Christmas breaks, you must **honor the Vermont travel guidelines found here**. We must stay in compliance and protect our staff, students and families of Cobra. This may mean some children miss classes, but we thank you in advance for participating in the overall well being of our community.

Lost and Found

The lost and found will be donated during the Thanksgiving closure. Please check for items this week and next.

Beam for Sale

We have a soft suede 12' long, 19" tall, 4" beam for sale. \$300, pick up at the gym. Mat not included.

Happy Thanksgiving! - Coach Shelby and the Cobra Staff