

Basic Gym Protocols

1. All windows and doors will remain open, weather permitting, with window and ceiling fans in use.
2. The facility has six Aerus filters installed to ensure proper air filtration.
3. Cleaning of door handles, bathrooms and high traffic equipment will be done during program changes.
4. Floor markers will distinguish socially distance places for athletes to train or warm-up.
5. We will be utilizing the dance studio as a gym space to increase social distancing opportunities.
6. Gymnasts will sanitize before/after event rotations.
7. Masks will be recommended indoors as of 9/13/21.
8. Coaches will wear masks when within 6 feet of students.
9. If your child has an allergy that includes coughing, please send a doctors note to inform us.
10. Policies will be posted and are subject to change.

Arriving at our gym....

1. It's preferred that gymnasts are dressed for class when they arrive.
2. Please sanitize before or upon entering the gym.
3. Wait outside (weather permitting) or in the car until **ten minutes** before class time begins, no earlier.
4. Gymnasts under 12 must have a parent bring them into the building.
5. Place shoes and coats in locker room cubbies and be ready to enter studio or gym quickly.
6. A limit of one parent per student (necessary siblings permitted) is allowed to observe class either in the gym lobby or the upstairs mezzanine.

In the Gym...

Pre-school & Recreation Students

1. Groups will be 6:1 ratio for pre-school and 8:1 for classes.
2. We will have marks on the floor to indicate safe socially distance areas.

Team Practices

1. Groups will be 8:1 or in some cases, 10:1
2. Team locker room is now open for use.

Spectators and Lobby Use

1. The mezzanine is open for spectators. Please limit to one person per student (necessary siblings permitted). No coaching from the mezzanine. Please do not have conversations or coach your child from the mezzanine. If using electronics, please keep the volume down.
2. We prefer ACH payments through our portal or CC payments over the phone, but cash and check payments are accepted in person when available.
3. Please only make payments when classes are in session, not during transition times.

Leaving our gym...

1. Hand sanitizing or washing is required before leaving our gym.
2. Dismissal of our classes is staggered, but will still be busy. Please be ready to take your child quickly out of our lobby to for easy transition with our incoming classes.

