

# COBRA GYMNASTICS & DANCE - NOVEMBER 2022 NEWSLETTER

## Holiday Closures! View our website for a complete list of closures and dates!

- We are closed for classes and team practices, *Monday-Sunday, November 20th—27th* for Thanksgiving break.
- We are closed *Friday, December 23rd — Thursday, January 5th, 2023* for Winter Holiday Break. Please mark your calendars!!
- We are closed *Monday, January 16th, 2023* for MLK Day



## Session Two (January 30th- June 3rd) Priority Registration will be December 19th-Jan 8th

- Session 2 is a 16-week session. This is for preschool and recreation classes only, not for team.
- Priority Registration allows all current students an opportunity to hold a place in their current class.
- All registrations must go through the parent portal. [Parent Portal Link Here](#)
- Unless recommended by our staff, students will stay in their current classes for Session 2. Our class curriculum grows with our students; skills and drills will advance all year long!
- Open registration begins January 9th for the general public. Current class spots are not guaranteed after Jan 9th.
- You must put down a *\$50 deposit during priority registration* to save your current spot in classes.
- The remainder of the 1st half of tuition is due by the end of the second week of classes or Feb 11th.

## Session One- new lesson plans start after Thanksgiving!

We will begin our third set of lesson plans for this session starting November 14th. If your child is still finding it a challenge to follow our circuits, please make numbers at home (1-10) and practice having them follow a pattern around the house. Giving your child two or three directions at once is also a helpful training aid to hone their memory abilities and to practice good listening skills. Playing the simple game of eye-spy is a great activity to help them become aware of their surroundings. Please help your child learn “left” and “right” directions as well!

## Absences, Make-ups and Policy Reminders- visit the parent portal to review our complete 2022-23 Policies!

- Remember anyone age 4+ can attend a make-up **Open Gym on Saturdays from 1:00-2:15pm** (this is our preferred method of making up classes). Simply show up and let our desk staff know you are doing a make-up class.
- We are happy to host children ages 18months - 3 years in our studio gym on Saturdays from 1:00-2:15 as well. These children must be accompanied by an adult who will stay with them in the studio gym for the duration. This is a great way to make-up a class or to introduce friends to our program! Just \$5 for the first time, or \$12 afterward!
- Please continue to mark your child’s **advanced absences** in our portal so we may offer their spot to a student requesting a make-up class! [Parent Portal Link Here!](#)
- Use our parent portal to check on **recreation skill progress** (most Level 1 and up classes)
- As the months get colder, please remember we ask that you don’t enter our lobby until 10-15 minutes previous to class start time to honor class transitions and lobby flow. Keep your child warm in the car until drop off time.
- We are continuing to limit spectators to just **one parent per student**. Siblings are welcome. If you are staying during class, please be aware of class dismissals and transitions and clear the lobby during those times so we can keep an easy flow between our gym/studio/mezzanine spaces.
- Winter boots are coming! Please be mindful that our lobby is full of **barefoot children** and we’d like to keep it “muck free”! Plan on removing shoes or cleaning them thoroughly before entering our building.
- A reminder to send **water bottles** with easy access lids (spill free sippy cups are okay!)
- Please invest in strong **hair elastics** for your gymnasts! We spend many precious coaching moments re-doing hair; please give your gymnast the best solution for their style of hair! Flat metal barrettes are great for wispy hair!
- As per policy, we will be donating the **lost and found** items that have been in the lobby for more than three weeks.

## Upcoming Cobra and Burr & Burton Academy Meets

- The 11th annual Cobra Meet is *Sunday, December 4th- 10am* for Bronze & Gold/*1pm* for Silver, Platinum & Diamond
- We are excited to be hosting the BBA Varsity Gymnastics team again this season! Their first home meet will be Saturday December 10th at 3pm.

## Purchasing mats for home use

Many folks have asked about home gymnastics equipment. 80% of my equipment comes from a supplier in CT, Deary’s Gymnastics Supply. They are excellent folks who have gone above and beyond for Cobra over the years. The equipment is top of the line, with home bundles and payment plan options. <https://www.gymsupply.com>

Happy Thanksgiving! - *Coach Shelby and the Cobra Staff*